

September 2010 Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Preschool</u> All sessions Nichols Arena			5:25-6:05 NICHOLS (4 weeks) Sept 8,15,22,29				
<u>CanSkate (Children/Adults)</u> All sessions Nichols Arena			5:15-6:05 NICHOLS (4 weeks) Sept 8,15,22,29				
<u>Preliminary (Groups/Private)</u>		5:45-7:05 NICHOLS (4 weeks) Sept 7,14,21,28					
<u>Preliminary/Junior (Private only)</u>		5:15-5:45 NICHOLS (4 weeks) Sept 7,14,21,28		5:15-7:05 (stroking included) NICHOLS (4 weeks) Sept 9,16,23,30			
<u>Junior</u> All sessions Nichols Arena	5:15-7:05 (stroking included) NICHOLS (3 weeks) Sept 13,20,27		6:15-7:35 (no stroking) NICHOLS (4 weeks) Sept 8,15,22,29				
<u>Senior</u> All sessions Nichols Arena	7:15-9:05 (stroking included) NICHOLS (3 weeks) September 13,20,27	7:15-9:05 (stroking included) NICHOLS (4 weeks) Sept 7,14,21,28	7:45-9:05 (no stroking) NICHOLS (4 weeks) Sept 8,15,22,29	7:15-9:05 (stroking included) NICHOLS (4 weeks) Sept 9,16,23,30			
<u>Synchronized Skating Teams</u> Nichols Arena					5:15- 9:05 Sept 10,17,24 Oct 1 Times TBA For each team by coaches 4 Weeks		1:15-9:05 Sept 12,19,26 Times TBA for each team by coaches 3 weeks

All sessions are being held at Nichols Arena.

There will be no skating up or down on sessions!

Sessions are from Tuesday, September 7-Friday October 1. Test Day will be held on Monday, October 4th.

LSC home club skaters will be given priority registration until July 31, 2010.