

| September 2010 Schedule | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|---|---|---|--|-----------------|---|
| <u>Preschool</u> All sessions Nichols Arena | | | 5:25-6:05 NICHOLS (4 weeks) Sept 8,15,22,29 | | | | |
| <u>CanSkate (Children/Adults)</u> All sessions Nichols Arena | | | 5:15-6:05 NICHOLS (4 weeks) Sept 8,15,22,29 | | | | |
| <u>Preliminary (Groups/Private)</u> | | 5:45-7:05 NICHOLS (4 weeks) Sept 7,14,21,28 | | | | | |
| <u>Preliminary/Junior (Privates only)</u> | | 5:15-5:45 NICHOLS (4 weeks) Sept 7,14,21,28 | | 5:15-7:05 (stroking included) NICHOLS (4 weeks) Sept 9,16,23,30 | | | |
| <u>Junior</u> All sessions Nichols Arena | 5:15-7:05 (stroking included) NICHOLS (3 weeks) Sept 13,20,27 | | 6:15-7:35 (no stroking) NICHOLS (4 weeks) Sept 8,15,22,29 | | | | |
| <u>Senior</u> All sessions Nichols Arena | 7:15-9:05 (stroking included) NICHOLS (3 weeks) September 13,20,27 | 7:15-9:05 (stroking included) NICHOLS (4 weeks) Sept 7,14,21,28 | 7:45-9:05 (no stroking) NICHOLS (4 weeks) Sept 8,15,22,29 | 7:15-9:05 (stroking included) NICHOLS (4 weeks) Sept 9,16,23,30 | | | |
| <u>Synchronized Skating Teams</u> Nichols Arena | | | | | 5:15-9:05 Sept 10,17,24 Oct 1 Times TBA For each team by coaches 4 Weeks | | 1:15-9:05 Sept 12,19,26 Times TBA for each team by coaches 3 weeks |

All sessions are being held at Nichols Arena.

There will be no skating up or down on sessions!

Sessions are from Tuesday, September 7-Friday October 1. Test Day will be held on Monday, October 4th.

LSC home club skaters will be given priority registration until July 31, 2010.