Newsletter October 2015



Lets skate and communicate

<u>Message from the President</u>

I would like to take the opportunity on behalf of the Board of Directors and coaches to welcome all of the skaters and their families to the 2015-2016 skating season!

The board members and coaches are excited for the season ahead. This year we are holding our holiday pop concert and silent auction to support Jesse's Journey. We will also be collecting donations for the London food bank. Participation is free and all skaters are welcome. Ask your coach/group coach or contact the office for information about joining in the fun!

The London Skating Club strives to offer a positive and challenging skating experience for all our members. To ensure we continue to provide exceptional service, we welcome comments and suggestions from our membership. As well, we invite members to become involved in the club through various volunteer opportunities. Contact the LSC office if you are interested in being involved with the LSC.

Michelle Parker President

News from the office....

Submitted by Kelly Farmer



Summer 2015 Test Results

Congratulations to all skaters who passed tests this summer at the London Skating Club's Test Day. A special congratulations is extended to Deana Gooden who completed her Skate Canada Gold Dances at the August 6, 2015 Summer Test Day.

July 16th Test Results:

Skating Skills:

Senior Silver: Nicole Gallo

Dances:

Dutch Waltz: Chris Guerra & Todd Wieczorek Fiesta Tango: Taylor Borszcz Willow Waltz: Ava Gleig European Waltz: Nicole Gallo

Free Skates:

Senior Silver (Elements) – Kylie Smale

Interpretives:

Silver: Laura Vancer

August 6th Test Results:

Skating Skills:

Preliminary Skills: Anne Guerra Junior Bronze Skills: Danica Stewart Senior Bronze Skills: Charlie Anderson & Geneva Herold Junior Silver Skills: Heather Lanza

Dances:

Baby Blues: Ashley McGarry Swing Dance: Taylor Borszcz Fiesta Tango: Randy Allensen & Shayla Imbroll Ten Fox: Geneva Herold European: Charlie Anderson Rocker – Laura Vancer Cha Cha – Maddison Chute Vienesse Waltz – Emma Tiede Argentine Tango – Deanna Gooden

Free Skates:

Preliminary (Elements) – Geneva Herold Senior Silver (Program) – Kylie Smale Gold (Elements) – Kylie Smale

THE NEXT TEST DAY IS OCTOBER 28th & 29th

Upcoming test days

- Wed Oct 28, 2015: 5:15-8:35 pm Thu Oct 29, 2015: 5:15-9:05 pm
- Wed Dec 9, 2015: 5:15-8:35 pm Thu Dec 10, 2015: 5:15-9:05 pm
- Thu Feb 11, 2016: 5:15-9:05pm
- Wed Mar 23, 2016: 5:15-10:05 pm Thu Mar 24, 2016: 5:15-9:05 pm



News from the office continued....

The London Skating Club is holding its Holiday Pop Concert, Silent Auction and Family Skate in December which will showcase its skating talents to the London Community, with proceeds of the event going to support skaters at the London Skating Club, as well as to "Mitchell's Jar of Hope", in support of Muscular Dystrophy research through Jesse's Journey & the London & Region Chapter of Muscular Dystrophy Canada.

This year the London Skating Club is proud to present its "Holiday Pop Concert" in memory of Mary Burdon on Friday, December 18, 2015@ 6:00 pm, at Earl Nichols Arena, "A" Pad, which is located at 799 Homeview Rd, in London. Mary was a volunteer of the Club for over 62 years before her passing earlier in the year.

The club is looking for sponsors for this event as well as auction items and have listed various levels of ways to get involved. We hope you can help us out! If we are able to secure enough sponsors to cover the event costs, our plan is to donate 100% to the London Food Bank in the form of canned food/non perishable food items as entrance into the show.

Silent Auction Donation:

Your name/company name will be published in the program

Friends of the London Skating Club:

\$25.00-\$99.99 – your name/company name will be published in the program

Bronze Level - \$100.00-\$249.99:

Business card size ad in the program, mention of sponsorship in the London Skating Club newsletter

Silver Level - \$250.00-\$399.99:

1/4 page ad in the program, mention of sponsorship in the London Skating Club newsletter, 2 tickets to the show

Gold Level - \$400.00-\$799.99:

¹/₂ page ad in the program, mention of sponsorship in the London Skating Club newsletter, 4 tickets to the show, website thank you, signage at the show, regular thank you announcements throughout the show

Platinum Level - \$800.00+:

Show presenter on all promotional material, programs, tickets, press releases, full page ad, mention of sponsorship in the London Skating Club newsletters, 6 tickets to the show, website thank you, signage at the show, regular thank you announcements throughout the show.

If you are interested or know someone who is, contact me at the office for more information and sponsor letters/forms: info@londonskatingclub.com or 519-681-2640

Kelly Farmer, Administrative & Promotions Coordinator or Stephen Komarnicky, Fundraising Chair

London Skating Club – Show Sponsor Form

<u>"Holiday Pop Concert"</u> <u>Friday, Decemeber 18, 2015</u> <u>Showtime: 6:00 pm – Earl Nichols Arena "A" Pad</u>

Name as you would like it printed in the program:

Example: family name (Smith family), first/last name (Shelley Smith), business name (The London Skating Club)

Sponsorship Level (please circle):

Silent Auction Item Friends of the London Skating Club Level Bronze Level Silver Level Gold Level Platinum

Name of your skater and session they skate on and time?

Your name/e mail/phone:

Cheques are to be made payable to "London Skating Club".

Cash/cheques can be dropped off at the London Skating Club Office, located at Earl Nichols Arena, down the hall near "A" pad-sign on door, or mailed to: London Skating Club, PO Box, 9011, Sub Stn 40, London, ON, N6E 1V0. Arrangements can be made to pick up payments as well if that serves you better.

Deadline for names to be submitted for the program is November 15, 2015

Donations or sponsors are still welcome after this deadline, however; a guarantee of having the information printed in the program may not be possible.

Bronze, Silver, Gold, Platinum Level Sponsors, artwork should be e-mailed to: <u>info@londonskatingclub.com</u> ASAP.



News from the office continued....

Thank you so much to all 40 of our London Skating Club volunteers who volunteered their time to help sell 50/50 tickets at the London Knights game on Saturday, September 26th at the Budweiser Gardens.

We sold a little over \$10,000.00 in 50/50 tickets with half the prize going to the lucky winner and the other half of going to the London Skating Club!

Thanks again to all our dedicated skaters, coaches, board members and families who helped volunteer at this event.



The London Skating Club's CanSkate season is off to a great start!

Welcome to our returning skaters and new members to the London Skating Club family.

Thank you to all our Program Assistants (PA's) for attending training and helping with the skater's on the ice.



To our table volunteers, thank you for your help getting things up and running and last but not least thank you to all coaching staff and our Board of Directors for your ongoing support.

On behalf of myself, Kelly Farmer, CanSkate Coordinator, Amanda Eccles, Supervising Coach Monday, Wednesday, Thursday and Sunday programs, and Erin Boyd Saturday program, we would like to welcome you all to the CanSkate program and we look forward to a very successful and exciting CanSkate season!

Congratulations to the following skaters who passed CanSkate Badges and Ribbons in September:



Logan Arn – Stage 2 – Balance & completed Stage 2 badge Abby Donald: Stage 6 Control and Stage 6 completed Liam Duench – Stage 1,2,3 Balance, Agility, Control & completed Badge 1,2,3 Ruby Fenton: Stage 5 Agility, Stage 5 Balance, Stage 5 Control, Stage 5. Stage 5 completed Jushua Finemore – Stage 1,2,3 Balance, Agility, Control & completed Badge 1,2,3 Melody Mackenzie – Stage 1,2,3 Balance, Agility, Control & completed Badge 1,2,3 Ahyan Mahruz – PreCanSkate completed. Abby Molner - Stage 6 Control, Stage 6 Agility. Stage 6 completed. Nolan Peski – PreCanSkate completed. Arita Rakhshanda – PreCanSkate completed. Madison Sheardown – Stage 6 Control, Stage 6 Agility. Stage 6 completed. Ali Soufan – Stage 1 Balance, Stage 1 Agility.

Sophia Soufan – Stage 2 Balance, Stage 2 Agility.

Since our last newsletter many coaches have been busy upgrading coaching levels and certifications. Congratulations to each and everyone of you in your pursuit of coaching excellence!

Official congratulations also to Erin Lee (Boyd) and her husband Jason on their May wedding.

Good bye to Coach Kasey Farmer (Bedard), who moved just outside of Calgary, Alberta with her husband. We will miss you Kasey and look forward to your London visits to the rink, and we wish you much luck with your school, dance and skating teaching out west.

One of our skaters, John Allen, who was a member for 53 years of the London Skating Club Adult session passed away last week at the age of 91. John came from England where he had skated and joined the Adult session where he met his lovely wife Maisie. Yes, they did meet on the ice. They skated and volunteered at the London Skating Club. Their daughter, Stephanie, learned to skate and skated on the 'London Supremes'.

We have some fond memories of John.

We wish to extend our condolences to Maisie and Stephanie Allen.



Welcome CanPower Skating Parents and Skaters to our 2015-2016 Season!

We are excited for the start of our Powerskating Programs on Tuesday the 6th of October! We are providing this year a NEW 3 Session Format to allow more specific training to all our ringette and hockey players. For those new to CanPower, we have a combined 65 years of coaching wisdom between our two instructors along with many qualifications and world experiences. Our Program has also many advantages and unique qualities to it. We have a Low Coach to Skater Ratio and the focus is on proper technique to maximize power, edges, agility, speed acceleration, and endurance. This is all done in a positive and encouraging setting.

We are introducing a NEW session this year for the Pre-Power and Level 1 needs for our beginners. Pre-Power helps develop basic skating abilities in a power skating environment, including balance skills, forward and backward skating, stopping, turning and agility skills.

There is still space in all three sessions and the Refer a Friend option will give you credits towards your next session. Bring out a friend and remind them we do have a trial four week option at the beginning of the season if they would like to register and sort out their schedules.

COME SKATE WITH US TO BETTER YOUR GAME! October 6 2015 - Dec 22 2015 Pre-Power and Level 1: 6:45-7:25 pm Session II 7:25-8:05 pm Session III:" 8:15-9:05 pm

Yours in skating, Josee Smale CanPower Convenor London Skate Club

Welcome Starskaters and parents to the 2015-2016 Season...

I would like to present myself as your StarSkate Junior and Senior Ice Convenor. Please feel free to ask questions or bring up any concerns this season. I am often found at the rink during our Senior and Select Sessions.

There is lots of great ice times available for skaters to come out and have fun on the ice, get some exercise and work on tests or programs. The feedback from skaters has been quite positive concerning the new shorter sessions this fall. We also hope they are enjoying the shared stroking coaching that is happening. We value our various coach's expertise. For those interested in competing, local seminars and cheering on others at competitions, please see the link to the Western Ontario Skate Canada calendar which describes the various opportunities for our skaters this year. http://www.skating-wos.on.ca/competitions/comprog.htm

We are excited to inform you about some new possibilities for the upcoming sessions. For many of our busy skaters it might be useful to know that you can Guest Skate up to three times per session for the low price of \$13 per 30 minutes or any part there of this season. Also please remember to utilize the option of makeup sessions if you have to miss a day of skating. This privilege is now permitted five times per season for each of your pre-registered sessions. Details can be found on our webpagehttp://www.londonskatingclub.com/pages/About-LSC/Policies-Guidelines/

Our new Uplifter website registration page displays the current pro-rated fees and many sessions have openings still available. There are discounts for those skaters registering for more than one session with the London Skating Club as well as Family discounts. The system remembers what you have already registered for and will apply the multiple session discount on any new registrations. It also remembers that you have already paid your Skate Canada membership and purchased the fundraising booklet and will not charge them again. You can add sessions anytime you like as long as there are spots available.

On the practical side, we remind all skaters to please use the dressing rooms. This not only is mandated by the arena but also gives the skaters the opportunity to have some off-ice social time with their peers.

We also encourage all our skaters to remember on-ice etiquette such as spinning when possible in the middle of the ice and jumping at the end of the ice surfaces. We kindly remind all skaters and coaches to give the right of way to the skaters in lessons and those who are playing music. We want to keep all our skaters progressing and safe out there.

We would like to congragulate all our skaters that have competed this summer and Fall. Gabey Davey, Nicole Gallo and Ella Demille are enjoying the challenges of the Pre-juvenile category. Shelby Komarnicky is competing at the Gold Level and Kylie Smale initiating the Pre-Novice Level. Good Luck to all our skaters this Season in achieving their own goals!

Yours in Skating,

Josee Smale StarSkate Convenor



SPIRIT WEAR

Show your club pride!!! Order due date will be November 16. The items will be ready for Christmas. Please feel free to use the e-store found through our club website to place your orders.

Sherry Jennings

Cheer by Norcard

New this year, LSC is offering the Norcard Cheer fundraiser. All profit from the sales will be returned to the LSC skater in the form of club credits. Orders will be due by October 19, and catalogues will be available on the London Skating Club table. Please make cheques payable to the London Skating Club.

London Skating Club Dress Rack

Stop by and check it out! Our rack has many used dresses for sale, including competition and practice attire for awesome prices!

If you have something you want to sell bring it in with your name, phone number & amount you are requesting for your item & we can add it to the rack. If you have dropped something off in the previous years, please check to see if it has sold. We are trying to get some new items to add to the rack and clean up the inventory. Please forward any questions re items you would like to sell or to check on items you have previously put on the rack to shanninem@hotmail.com. Thank you!!



SHARE YOUR STORIES

For many of our skaters, time spent on the ice isn't just an interesting past-time or athletic pursuit, it's a way of life. We live, we learn, we laugh, we struggle, we achieve and succeed on the ice. The London Skating Club wants to help celebrate the successes and achievements of ALL of our skaters: be it a CanSkater earning their first badge or ribbon, standing upright on skates the first time, or a really cool wipe-out. A power skater mastering a new stride or making a special play at a big tournament. A StarSkater learning a fun new jump, or finally nailing that particularly troublesome spin. Coming to the arena with a new dress or hairdo. Competing in a competition – be it a first, or most recent, singles or synchro, podium win or personal best. A successful test, or recognition at a special event. Or simply having a really fun time on the ice with a special group of friends.

We need **YOU** to help us share and celebrate these achievements: your stories, your photos, your videos and testimonials. From last week, or last year, or fifty years ago.

If you have a memorable moment with the London Skating Club that you want to share, please email us at <u>sharewithus@londonskatingclub.com</u>, or submit your print photos to the London Skating Club office. All forms of media are welcome. If submitting a photo, please take the time to tell us a little bit about it (in your own words or those of your skater), and whether we can acknowledge your skater's first and/or last name. Photos, videos and testimonials may be shared on our

website (<u>www.londonskatingclub.com</u>) twitter feeds (<u>@LondonSkating</u> and <u>@LSCsynchro</u>), Facebook (<u>/LondonSkatingClub</u> and <u>/pages/Synchronicity/196782637023065</u>), our YouTube channel, the club newsletter or other forms of social media.



London Skating Club Bulletin Board:

Did you know that the London Skating Club has its own Bulletin Board located at Earl Nichols Arena, by the Concession Stand? Check it out the next time you're at the rink!

REFER A FRIEND

Help us spread the word about the London Skating Club's many programs

CanSkate - Learn to skate CanPowerSkate - skill development for hockey and ringette STARSkate - Learn to figure skate, figure skating Synchronicity - Synchronized skating teams Adult Skating Program



Skate (Power skating), STARSkate (Learn to Figure Skate), and Adult skating programs. Be sure to tell us who sent you. Iondonsc@execulink.com www.londonskatingclub.com 519-681-2640

Refer a friend to join the London Skating Club. For every NEW registration in an LSC program,

the referring member will be issued a \$10 credit voucher * to be used toward new session registrations.

* Credit voucher will have no cash value, be non transferrable, and will expire after 1 year. The new member registration must put the referring members name forward at the time of registration

The London Skating Club

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Email: info@londonskatingclub.com

Website: www.londonskatingclub.com



Thank you to everyone who submitted to the newsletter!